



## Things to Bring on Clean-up Day

### Each group needs to bring:

- a copy of the appropriate safety guidelines
- a first aid kit
- if the group will do an in-water or underwater clean-up, bring any required scuba equipment or floatation devices, as indicated in the safety guidelines
- a container for sharp materials

### Participants need to bring their own or make arrangements to share:

- Gloves (leather or suede gloves for picking up sharp objects – latex gloves will be provided)
- Water or juice
- Sunblock
- Hat
- Sturdy shoes (no sandals or open-toe shoes)
- Enthusiasm!

Garbage bags and latex gloves are available free of charge at the St. Lawrence River Institute. Call ahead for details.